

# The Voice

*Delta Kappa Gamma promotes professional and personal growth of women educators and excellence in education.*



## Entering 2026 with Purpose and Possibility

Many of us are motivated to set New Year's resolutions both personally and professionally. As members of DKG, we serve as advocates, mentors, and leaders for women educators. The start of 2026 presents a perfect opportunity not just to set goals but also to reevaluate our perspectives on shared interests within DKG.

**Reflect Before You Resolve.** Before taking on new commitments, pause to reflect on the past year. How did your DKG involvement foster your growth as an educator and leader? Where did you feel connected to your chapter, OHSO, or our Society's mission? Reflection helps us recognize our impact and identify where our energy can be most meaningful moving forward.

**Progress, Not Perfection.** Women educators often set very high standards for themselves. In 2026, consider releasing the expectation of perfection. Growth in personal balance and professional growth happens through small, deliberate steps.

**Shift from Resolutions to Intentions.** Instead of setting strict resolutions, consider reframing them as intentions that reflect DKG values. For example, I intend to mentor and uplift women educators. I intend to stay engaged and informed within my chapter, OHSO, and DKG. I intend to balance engagement with self-care. Intentions promote growth while providing flexibility in our busy lives.

**Strengthen Connections.** At the core of DKG is building relationships—linking women educators across chapters, states, and beyond. In 2026, focus on engagement. Specifically, aim for active participation in chapters and OHSO. This ensures we continue to support women educators, foster leadership, and promote excellence in education, one connection at a time.

*Each new year, we have before us a blank book with 365 pages. Let us fill it with purpose and possibility. – Peggy Toney Horton*

Energetically,  
Dr. Molly Helmlinger, Beta Kappa  
OHSO State President